



Cook in Italy with Teresa

Culinary experiences

Every month Teresa will organise tours and experiences
in the local area

January

Extra virgin olive oil tasting

February

Local cheese tasting

March

How gelato is made

April

Wine tasting at a castle

May

Cheese making

June

How knives are made

July

N/A - summer holidays

August

Grape picking & stomping

September

Grape picking & stomping

October

Cheese making

November

Chocolate making

December

Coffee tour



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Market tours

Upon request, Teresa can organise a personalised tour to any of these markets

Sunday

Meduno

Monday

Azzano Decimo,
Maniago, Valvasone

Tuesday

Aviano, Casarsa della
Delizia, Prata di
Pordenone, S. Martino al
Tagliamento, San Quirino,
Sesto al Reghena, Vivaro,
Zoppola

Wednesday

Arzene, Budoia, Claut,
Maron di Brugnera,
Pordenone, Rauscedo

Thursday

Arba, Cavasso Nuovo,
Cordovado, Fiume Veneto,
Fontanafredda, Morsano al
Tagliamento, Pravidomini,
Roveredo in Piano, Sacile,
Travesio, Vajont

Friday

Caneva, Cordenons,
Montereale Valcellina,
Pasiano di Pordenone,
Porcia, Vito al
Tagliamento,
Sequals, San Giorgio
della Richinvelda

Saturday

Pordenone, Spilimbergo,
Polcenigo.

Notes

- Markets will typically run from early in the morning (7 or 8am) all the way until noon or 1pm
- Many vendors will have card machines but its always best to have a little cash on you
- Markets run all year long but, in case of very bad weather, they can be cancelled

